

Resilience began working with New Directions in 2018 and we are dedicated to providing service users with increased support in decision making, transitions, community, personal and social inclusion and access to education and training.

We support adults attending our services to embrace the life they want, fulfill potential, and feel integrated within their community.

Lars Schabelski

Director of Day Services



New Directions Service Locations

We are always happy to discuss the current capacity of our service locations or plans for new service openings.

NEW
DIRECTIONS
MODEL

2018



2019



2020



2021



2022



2023

New
Openings
Planned
for 2024

NEW DEVELOPMENT UPDATES

Resilience Healthcare is excited to continue developing our day services **across the country**. We opened our most recent service in Kildare, in the heart of Naas town. This new centre has been newly refurbished to meet the needs of our service users and is located to support community engagement and personal skills development.

We have also **increased the capacity** of some of our existing day services and with the official **opening of our New Ross and Ennis service centre** we are all looking forward to developing service centres that are welcoming, engaging and provide an environment for service users to set and achieve their goals.

Resilience

NEW DIRECTIONS

Case Study

Meet Paul...

Disability: ASD, Dyslexia, Auditory Processing Disorder

Likes:

Playing video games, developing his personal YouTube channel, reviewing retro video games, video editing, writing scripts, and looking after his pets.

Personal Goals:

Develop his social skills and employment skills, move out of home eventually and live independently, gain employment, and to continue developing his education, especially around creative media.

Time with resilience:

August 2020

Support:

1:1 New Directions Day Service

Service hours:

17 hours a week over three days.

Daily Activities:

- Making breakfast
- Doing household chores
- Playing boardgames
- Doing college work
- Running errands in town
- Getting lunch in town
- Going for walks around town
- Making YouTube videos

Achievements to date:

- Certificate in Computer Essentials
- Certificate in Online Essentials
- Certificate in Computer Documentation
- Certificate in Excel Spreadsheets
- Certificate in Cyber Security
- Certificate in Presentation Skills
- Certificate in Online Collaboration
- Certificate in Digital Marketing

Future Plans:

- Learn how to play Dungeons and Dragons
- Complete a course on Living Independently
- Complete a course in Financial Independence
- Continue to develop his educational and vocational skills

All Paul's activities and achievements are made possible through the active support of the Resilience New Directions Programme. Please note that Paul's name has been changed to protect his privacy.



DAY SERVICES

- Tralee
- Listowel
- Ballincollig
- Clane
- New Ross
- Ennis
- Naas
- Swords

OUTREACH & AFTER SCHOOL SERVICES

- Kerry children (100+)
- Kerry adults (60+)
- After school service in Killarney

SUPPORTED INDIVIDUAL LIVING

- Clare : Shannon



Get in touch for more information

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