

# Resilience

## NEW DIRECTIONS

AUTUMN 2022

Resilience began working with New Directions in 2018 and we are dedicated to providing service users with increased support in decision making, transitions, community, personal and social inclusion and access to education and training.

We support adults attending our services to embrace the life they want, fulfill potential, and feel integrated within their community.

*Lars Schabelski*

*National Community Development Manager*



## New Directions Service Locations

We are always happy to discuss the current capacity of our service locations or plans for new service openings.

### NEW DIRECTIONS MODEL

2018



2019



2020



2021



2022



2023



7 Locations  
with new  
openings in  
planning for  
2023

## NEW DEVELOPMENT UPDATES

Resilience are very excited about the opening of a **2nd service location in Kildare**. This new centre has been newly refurbished to meet the needs of our service users and is located in the heart of Naas town centre to support community engagement and personal skills development.

We are also delighted to have **increased the capacity** of some of our existing day services and with the **opening of our New Ross and Ennis service centre** we are all looking forward to developing service centres that are welcoming, engaging and provide an environment for service users to set and achieve their goals.

# Resilience

## NEW DIRECTIONS

### Case Study

#### Meet Paul.....

Disability: ASD, Dyslexia,  
Auditory Processing Disorder

#### Likes:

Playing video games, developing his personal YouTube channel, reviewing retro video games, video editing, writing scripts, and looking after his pets.

#### Personal Goals:

Develop his social skills and employment skills, move out of home eventually and live independently, gain employment, and to continue developing his education, especially around creative media.

#### Time with resilience:

August 2020

#### Support:

1:1 New Directions Day Service

#### Service hours:

17 hours a week over three days.

#### Daily Activities:

- Making breakfast
- Doing household chores
- Playing boardgames
- Doing college work
- Running errands in town
- Getting lunch in town
- Going for walks around town
- Making YouTube videos

#### Achievements to date:

- Certificate in Computer Essentials
- Certificate in Online Essentials
- Certificate in Computer Documentation
- Certificate in Excel Spreadsheets
- Certificate in Cyber Security
- Certificate in Presentation Skills
- Certificate in Online Collaboration
- Certificate in Digital Marketing

#### Future Plans:

- Learn how to play Dungeons and Dragons
- Complete a course on Living Independently
- Complete a course in Financial Independence
- Continue to develop his educational and vocational skills

All Paul's activities and achievements are made possible through the active support of the Resilience New Directions Programme. Please note that Paul's name has been changed to protect his privacy.



#### DAY SERVICES

Tralee  
Listowel  
Ballincollig  
Clane

NEW SERVICE  
LOCATIONS 2022  
New Ross  
Ennis  
Naas



#### OUTREACH & AFTER SCHOOL SERVICES

Kerry children (100+)  
Kerry adults (60+)  
After school service in Killarney



#### SUPPORTED INDIVIDUAL LIVING :

Clare : Shannon



For further information please get in touch by calling  
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[www.resilience.ie/socialcare](http://www.resilience.ie/socialcare)

